



The Forward

October 2023

1019 N 7th St Sheboygan, WI 53081

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[Www.stmarksheboygan.com](http://www.stmarksheboygan.com)



Worship and Bible Study Programs in October

- Sunday morning service w/Holy Communion @ 9am
- You can watch a live stream of Sunday's service at [Facebook.com/stmarksheboygan.com](https://www.facebook.com/stmarksheboygan.com)
- The sermon will be recorded and available after Sunday's service on our website
- Bible study will be held Wednesdays @9am and on Sunday mornings @10am
- Sunday School @10:15am, following Sunday morning worship

From The Pastor

"In my Father's house there are many dwelling places. If it were not so, would I have told you that I go to prepare a place for you?" (John 14:2)

Mark Twain once said: "To us, our house was not insentient matter - - it had a heart, and a soul, and eyes to see us with; and approvals and solitudes and deep sympathies; it was of us, and we were in its confidence, and lived in its grace and in the peace of its benediction." Many of us can resonate with Twain's quote here. Home is more than just a building to us, it's family...memories...it's love that lasts a lifetime and even beyond. That's the beautiful thing about our homes. It's the gathering together of loved ones, whether related by blood or not. It's where we feel safe...comfort...peace...blessings.

Jesus speaks to these same offerings, as well, from another type of home...an everlasting home...both here in the present and for all eternity. Jesus promises a hope of great blessings...a safe haven and refuge...a place of deep comfort and peace. Jesus promises a place that is given freely and abundantly by the Father of all grace and love. This place is where He promises to be...in His Word and Sacraments. Here Jesus prepares us to receive Him and all of His promises...forgiveness of sins, eternal life, and salvation. Here Jesus strengthens us with His Word and truths. Here Jesus nourishes us in both body and soul. Here Jesus comforts the weary and the broken hearted. Here we find shelter in the midst of this life's ever-

changing journey.

And yet, this home is not just for our temporary, earthly wanderings. This promise of a dwelling place is beyond this life, beyond even the grave itself. For in the promises of Word and Sacrament that you and I receive, there we find an everlasting shelter...an eternal dwelling place...one that gives our weary and broken bodies and souls rest forever...an enduring promise that will never be taken away from us. For within the blessed benediction of the Divine Service when we gather around Word and Sacrament, there you and I will always find the peace and blessing of our Savior, whose home and dwelling place will always be a welcome opening for us. As always, see you in worship and Bible studies!

Your Servant, serving the risen Jesus, Pastor Tyler Werner

October Happenings

Monday, October 2nd:	Deacon Mtg @ 6:00pm
Tuesday, October 3rd:	Outreach Mtg @ 5:30pm
Monday, October 9th:	Trustee/Council/BOD/Deacon Mtg @ 5:00pm
Sunday, October 15th:	Congregational Fund Mtg @10:15am
Wednesday, October 18th:	R & R Lunch@ Ranieri's Four of a Kind, 11:30am
Wednesday, October 25th:	Stewardship Mtg @ 10:00am
Sunday, October 29th:	Reformation Celebration @ 3:00pm, Lutheran High School

Please remember to check your church mailboxes often as they will be used to receive communication from Pastor, the office, and various groups!



Stewardship

It's in the Way that You Use It

Consider the humble baseball bat. It is a simple tool designed for a complex task. The batter needs a tool that can consistently deliver force to a small ball which may be thrown at over 100 miles per hour, but which might also come slanting across the plate as a slow curve. For a game like this, the founders of base-

ball had to redesign the old cricket bat, which is more of a flat paddle. The tool had to fit the job.

But even a specially-designed tool can be used for a different purpose. It turns out that some years ago in England, the home of cricket, baseball bats suddenly started selling like hotcakes. What were folks across the pond doing with all those baseball bats? Using them as clubs in riots! A tool can be used, and it can be misused. It's all in the way that you use it.

The same is true with the things of God. The Second Commandment states that we should "not misuse the name of the Lord." In the Small Catechism, Luther goes on to tell us exactly what this misuse is, as well as the proper use:

"We should fear and love God so that we do not curse, swear, use satanic arts, lie, or deceive by His name, but call upon it in every trouble, pray, praise, and give thanks." (SC I)

The Lord has given us His name: He has placed it upon us in Holy Baptism and He has invited us to pray to Him as our Father. In this sense, the Lord's name is something for us to use. We should not misuse it ... and we should not fail to use it. The Pharisees of old were so afraid of misusing the name of God that they decided to simply never say the name of God (YHWH, Jehovah) at all! This non-use is just as bad as misuse. The Lord gives His gifts for our use.

A Christian steward is one who is called to use all of God's gifts for His purposes. This includes things like the Name of God, the Sacraments and the Word, and it also includes things like our family and friends, our talents and skills, our money and resources. Everything that God has given to you, He has given to you so that you may be blessed to use it for His kingdom. It's all in the way that you use it!

Parish Nurse News

Hi from your Parish Nurse!

October is National Sudden Cardiac Arrest (SCA) Awareness Month. It is a primary cause of death in the United States, taking the deaths of more than 356,000 people (about half the population of Vermont) each year, including more than 23,000 youth under age 18. **What is SCA?** It is not a heart attack. SCA is a malfunction of the electrical system of the heart which causes the heart to suddenly and unexpectedly stop beating. It strikes People of all ages who appear healthy, even children and teens. When SCA occurs, the person collapses and does not respond or breathe normally. They may gasp or shake as if having a seizure. SCA leads to death in minutes if the person does not get help immediately. Survival depends on someone calling 911, starting CPR and using an AED if available. Seven in 10 SCAs happen at home.

Did you know that the SCA survival rate is less than 10%? According to the National Academy of medicine's *Strategies to Improve Cardiac Arrest Survival: A Time to Act*, the survival rate has stayed stagnant for

3 decades as the public is not prepared to save a life. Regrettably, only one-third of SCA victims receive CPR from bystanders and less than 5% of victims are treated with automated external defibrillators (AEDs) prior to EMS arriving at the scene. A bystander administering hands-only CPR can triple a person's chance of survival and using an AED in the first minute of collapse can increase survival to 90%!

Why don't more people know and use these vital lifesaving skills? There are 7 common myths that may be barriers to bystander action.

Myth No. 1 SCA is rare.

Fact: The number of people who die from SCA each day is equivalent to the number who would die if 2 jets crashed every single day killing nearly everyone on board.

Myth No. 2: SCA is the same as a heart attack.

Fact: When a person has a heart attack, they are awake, and their hearts are beating. On the other hand, if a person has SCA they are not awake, and their heart is not beating.

Myth No. 3: SCA only happens to the elderly.

Fact: SCA happens to people of all ages, including more than 7,000 youth under the age of 18 each year.

Myth No. 4: SCA only occurs in people with a history of heart disease.

Fact: SCA is frequently the first indication of heart disease.

Myth No. 5: Victims are better off waiting for professional help to arrive.

Fact: Immediate bystander intervention can mean the difference between life and death.

Myth No. 6: Only trained personnel are allowed to use AED's.

Fact: AED's can be used effectively by anyone who can follow visual and voice prompts.

Myth No. 7: AED's can hurt people by shocking them inappropriately.

Fact: AEDs are safe and effective and will not shock the heart unless shocks are needed to restore a healthy heartbeat.

Remember the chain of survival when you find someone with SCA: 1) Call 911. 2) Start CPR. Hands only CPR is just as effective as CPR with rescue breathing. Use an AED if one is available. Then the professional responders take over with EMS providing advanced life support on the way to the hospital, then integrated post cardiac arrest care is provided by the medical team at the hospital. Finally, during recovery the support team addresses the physical, social, and emotional needs of survivors and their families.

We have a new Zoll AED in our first-aid kit by the mailboxes as our first AED was 18 years old, and we were unable to get supplies for it. From: sca-aware.org and Sudden Cardiac Arrest Foundation

Grief Share will be held September 6th - November 29th, 10-11:30am. The cost is \$20 for the workbook which will be returned when you complete the classes. Call Carolyn for questions or to register.



St Mark Pancake Supper

Sunday, November 12th

3PM to 6PM

Tickets : \$9 Adults

\$5 Children 5 and Under

**Tickets are available in the church office or any
Men's Club Member**

**The outreach committee will also have an
Autumn Treat fundraiser selling jam, applesauce,
apples and ornamental grasses!**

R & R Luncheon

The lunch will be held on October 18th @ Ranieri's Four of a Kind, 11:30am to 1:00pm. Please RSVP to Jim Rose if you would like to attend. All are welcome to join!

Happy Birthday to You!

Pat Machut Oct 1

Katie Schrank Oct 7

Allen Timm Oct 8

Darlyn Cramlet Oct 22

Pastor Tyler Oct 30

Jana Brocher Oct 2

Patricia Pawasarat Oct 8

Debbie Ericcson Oct 12

Krystal Delabreau Oct 29

Joan Rautmann Oct 31

Kelly Irwin Oct 6

Brenda Schaller Oct 8

Pat Robinson Oct 21

Cherie Leonhardt Oct 29

Happy Anniversary!

Dave & Carol Wood Oct 15 (57)

Andy & Jackie Lorbecki Oct 22 (30)

Pastor Tyler and Miranda Oct 16 (2)