



*“Healthy Spirituality”*  
*Sunday, February 12, 2023, 9:00 AM*  
*Sixth Sunday of Epiphany*

**CONFESSION AND ABSOLUTION**

**WELCOME & ANNOUNCEMENTS**

**INVOCATION**

**P** In the name of the Father and of the ✠ Son and of the Holy Spirit.

**C** Amen.

**CONFESSION OF SINS**

**P** Let us then confess our sins to God our Father.

**C** **Most merciful God, we confess that we are by nature sinful and unclean. We have sinned against You in thought, word, and deed, by what we have done and by what we have left undone. We have not loved You with our whole heart; we have not loved our neighbors as ourselves. We justly deserve Your present and eternal punishment. For the sake of Your Son, Jesus Christ, have mercy on us. Forgive us, renew us, and lead us, so that we may delight in Your will and walk in Your ways to the glory of Your holy name. Amen.**

**ABSOLUTION**

**LSB 151**

**P** Almighty God in His mercy has given His Son to die for you and for His sake forgives you all your sins. As a called and ordained servant of Christ, and by His authority, I therefore forgive you all your sins in the name of the Father and of the ✠ Son and of the Holy Spirit.

**C** Amen.

**OPENING HYMN**

**“COME, THOU FOUNT OF EVERY BLESSING”**

**LSB 686**

- 1 Come, Thou Fount of ev'ry blessing,  
Tune my heart to sing Thy grace;  
Streams of mercy, never ceasing,  
Call for songs of loudest praise.  
While the hope of endless glory  
Fills my heart with joy and love,  
Teach me ever to adore Thee;  
May I still Thy goodness prove.
- 2 Here I raise my Ebenezer,  
Hither by Thy help I've come;  
And I hope, by Thy good pleasure,  
Safely to arrive at home.  
Jesus sought me when a stranger,  
Wand'ring from the fold of God;  
He, to rescue me from danger,  
Interposed His precious blood.
- 3 Oh, to grace how great a debtor  
Daily I'm constrained to be;

Let that grace now like a fether  
Bind my wand'ring heart to Thee:  
Prone to wander, Lord, I feel it;  
Prone to leave the God I love.  
Here's my heart, O take and seal it,  
Seal it for Thy courts above.

- 4 Oh, that day when freed from sinning,  
I shall see Thy lovely face;  
Clothed then in the blood-washed linen,  
How I'll sing Thy wondrous grace!  
Come, my Lord, no longer tarry;  
Take my ransom'd soul away;  
Send Thine angels soon to carry  
Me to realms of endless day.

Text: Robert Robinson, 1735-90, alt.  
Text: Public domain

## SERVICE OF THE WORD

### KYRIE

LSB 152

- P** In peace let us pray to the Lord.  
**C** Lord, have mercy.  
**P** For the peace from above and for our salvation let us pray to the Lord.  
**C** Lord, have mercy.  
**P** For the peace of the whole world, for the well-being of the Church of God, and for the unity of all let us pray to the Lord.  
**C** Lord, have mercy.  
**P** For this holy house and for all who offer here their worship and praise let us pray to the Lord.  
**C** Lord, have mercy.  
**P** Help, save, comfort, and defend us, gracious Lord.  
**C** Amen.

### GLORIA IN EXCELSIS

LSB 154

- P** Glory to God in the highest, and peace to His people on earth.  
**C** Lord God, heavenly king, almighty God and Father:  
We worship You, we give You thanks, we praise You for Your glory.  
Lord Jesus Christ, only Son of the Father, Lord God, Lamb of God:  
You take away the sin of the world; have mercy on us.  
You are seated at the right hand of the Father; receive our prayer.  
For You alone are the Holy One, You alone are the Lord,  
You alone are the Most High, Jesus Christ, with the Holy Spirit,  
in the glory of God the Father. Amen.

### SALUTATION AND COLLECT OF THE DAY

- P** Let us pray.  
O Lord, graciously hear the prayers of Your people that we who justly suffer the consequence of our sin may be mercifully delivered by Your goodness to the glory of Your name; through Jesus Christ, Your Son, our Lord, who lives and reigns with You and the Holy Spirit, one God, now and forever.  
**C** Amen.

## OLD TESTAMENT READING

Deuteronomy 30:15–20

“See, I have set before you today life and good, death and evil. If you obey the commandments of the LORD your God that I command you today, by loving the LORD your God, by walking in his ways, and by keeping his commandments and his statutes and his rules, then you shall live and multiply, and the LORD your God will bless you in the land that you are entering to take possession of it. But if your heart turns away, and you will not hear, but are drawn away to worship other gods and serve them, I declare to you today, that you shall surely perish. You shall not live long in the land that you are going over the Jordan to enter and possess. I call heaven and earth to witness against you today, that I have set before you life and death, blessing and curse. Therefore choose life, that you and your offspring may live, loving the LORD your God, obeying his voice and holding fast to him, for he is your life and length of days, that you may dwell in the land that the LORD swore to your fathers, to Abraham, to Isaac, and to Jacob, to give them.”

**P** This is the Word of the Lord.

**C** Thanks be to God.

## EPISTLE READING

1 Corinthians 3:1–9

But I, brothers, could not address you as spiritual people, but as people of the flesh, as infants in Christ. I fed you with milk, not solid food, for you were not ready for it. And even now you are not yet ready, for you are still of the flesh. For while there is jealousy and strife among you, are you not of the flesh and behaving only in a human way? For when one says, “I follow Paul,” and another, “I follow Apollos,” are you not being merely human?

What then is Apollos? What is Paul? Servants through whom you believed, as the Lord assigned to each. I planted, Apollos watered, but God gave the growth. So neither he who plants nor he who waters is anything, but only God who gives the growth. He who plants and he who waters are one, and each will receive his wages according to his labor. For we are God’s fellow workers. You are God’s field, God’s building.

**P** This is the Word of the Lord.

**C** Thanks be to God.

## ALLELUIA AND VERSE

LSB 156

**C** Alleluia.

Lord, to whom shall we go?

You have the words of eternal life.

Alleluia, alleluia.

## HOLY GOSPEL READING

Matthew 5:21–37

**P** The Holy Gospel according to St. Matthew, the fifth chapter.

**C** Glory to You, O Lord.

[Jesus said:] “You have heard that it was said to those of old, ‘You shall not murder; and whoever murders will be liable to judgment.’ But I say to you that everyone who is angry with his brother will be liable to judgment; whoever insults his brother will be liable to the council; and whoever says, ‘You fool!’ will be liable to the hell of fire. So if you are offering your gift at the altar and there remember that your brother has something against you, leave your gift there before the altar and go. First be reconciled to your brother, and then come and offer your gift. Come to terms quickly with your accuser while you are going with him to court, lest your accuser hand you over to the judge, and the judge to the guard, and you be put in prison. Truly, I say to you, you will never get out until you have paid the last penny.

“You have heard that it was said, ‘You shall not commit adultery.’ But I say to you that everyone who looks at a woman with lustful intent has already committed adultery with her in his heart. If your right eye causes you to sin, tear it out and throw it away. For it is better that you lose one of your members than that your whole body

be thrown into hell. And if your right hand causes you to sin, cut it off and throw it away. For it is better that you lose one of your members than that your whole body go into hell.

“It was also said, ‘Whoever divorces his wife, let him give her a certificate of divorce.’ But I say to you that everyone who divorces his wife, except on the ground of sexual immorality, makes her commit adultery. And whoever marries a divorced woman commits adultery.

“Again you have heard that it was said to those of old, ‘You shall not swear falsely, but shall perform to the Lord what you have sworn.’ But I say to you, Do not take an oath at all, either by heaven, for it is the throne of God, or by the earth, for it is his footstool, or by Jerusalem, for it is the city of the great King. And do not take an oath by your head, for you cannot make one hair white or black. Let what you say be simply ‘Yes’ or ‘No’; anything more than this comes from evil.”

**P** This is the Gospel of the Lord.

**C** Praise to You, O Christ.

### NICENE CREED

**C** I believe in one God,  
the Father Almighty,  
maker of heaven and earth  
and of all things visible and invisible.

And in one Lord Jesus Christ,  
the only-begotten Son of God,  
begotten of His Father before all worlds,  
God of God, Light of Light,  
very God of very God,  
begotten, not made,  
being of one substance with the Father,  
by whom all things were made;  
who for us men and for our salvation came down from heaven  
and was incarnate by the Holy Spirit of the virgin Mary  
and was made man;  
and was crucified also for us under Pontius Pilate.  
He suffered and was buried.  
And the third day He rose again according to the Scriptures  
and ascended into heaven  
and sits at the right hand of the Father.  
And He will come again with glory to judge both the living and the dead,  
whose kingdom will have no end.

And I believe in the Holy Spirit,  
the Lord and giver of life,  
who proceeds from the Father and the Son,  
who with the Father and the Son together is worshiped and glorified,  
who spoke by the prophets.  
And I believe in one holy Christian and apostolic Church,  
I acknowledge one Baptism for the remission of sins,  
and I look for the resurrection of the dead  
and the life  $\dagger$  of the world to come. Amen.

### SERMON HYMN

### “SONGS OF THANKFULNESS AND PRAISE”

LSB 394

1 Songs of thankfulness and praise,  
Jesus, Lord, to Thee we raise,

Manifested by the star  
To the sages from afar,  
Branch of royal David's stem  
In Thy birth at Bethlehem:  
Anthems be to Thee addressed,  
God in man made manifest.

2 Manifest at Jordan's stream,  
Prophet, Priest, and King supreme;  
And at Cana wedding guest  
In Thy Godhead manifest;  
Manifest in pow'r divine,  
Changing water into wine;  
Anthems be to Thee addressed,  
God in man made manifest.

3 Manifest in making whole  
Palsied limbs and fainting soul;  
Manifest in valiant fight,  
Quelling all the devil's might;  
Manifest in gracious will,  
Ever bringing good from ill;  
Anthems be to Thee addressed,  
God in man made manifest.

4 Sun and moon shall darkened be,  
Stars shall fall, the heav'ns shall flee;  
Christ will then like lightning shine,  
All will see His glorious sign;  
All will then the trumpet hear,  
All will see the Judge appear;  
Thou by all wilt be confessed,  
God in man made manifest.

5 Grant us grace to see Thee, Lord,  
Present in Thy holy Word—  
Grace to imitate Thee now  
And be pure, as pure art Thou;  
That we might become like Thee  
At Thy great epiphany  
And may praise Thee, ever blest,  
God in man made manifest.

Text: Christopher Wordsworth, 1807–85. alt.  
Text: Public domain

## **SERMON                      "HEALTHY SPIRITUALITY"**

### **POST SERMON HYMN                      "LORD JESUS, THINK ON ME"**

**LSB 610  
sts. 1, 4–5**

1 Lord Jesus, think on me  
And purge away my sin;

From worldly passions set me free  
And make me pure within.

4 Lord Jesus, think on me  
Nor let me go astray;  
Through darkness and perplexity  
Point out Your chosen way.

5 Lord Jesus, think on me  
That, when this life is past,  
I may the eternal brightness see  
And share Your joy at last.

Text: Synesius of Cyrene, c. 365-c. 414; tr. Allen W. Chatfield, 1808-96, alt.  
Text: Public domain

## PRAYER OF THE CHURCH

**P** God of Love and mercy

**C** Hear our prayer.

## OFFERTORY

LSB 159

**C** What shall I render to the Lord for all His benefits to me?

I will offer the sacrifice of thanksgiving and will call on the name of the Lord.

I will take the cup of salvation and will call on the name of the Lord.

I will pay my vows to the Lord now in the presence of all His people,  
in the courts of the Lord's house, in the midst of you, O Jerusalem.

## PREFACE

LSB 160

**P** The Lord be with you.

**C** And also with you.

**P** Lift up your hearts.

**C** We lift them to the Lord.

**P** Let us give thanks to the Lord our God.

**C** It is right to give Him thanks and praise.

**P** It is truly good, right, and salutary that we should at all times and in all places give thanks to You, holy Lord, almighty Father, everlasting God, through Jesus Christ, our Lord; for what had been hidden from before the foundation of the world You have made known to the nations in Your Son. In Him, being found in the substance of our mortal nature, You have manifested the fullness of Your glory. Therefore with angels and archangels and with all the company of heaven we laud and magnify Your glorious name, evermore praising You and saying:

## SANCTUS

LSB 161

**C** Holy, holy, holy Lord God of pow'r and might:

Heaven and earth are full of Your glory.

Hosanna. Hosanna.

Hosanna in the highest.

Blessed is He who comes in the name of the Lord.

## Hosanna in the highest.

### PRAYER OF THANKSGIVING

LSB 161

**P** Blessed are You, Lord of heaven and earth, for You have had mercy on those whom You created and sent Your only-begotten Son into our flesh to bear our sin and be our Savior. With repentant joy we receive the salvation accomplished for us by the all-availing sacrifice of His body and His blood on the cross.

Gathered in the name and the remembrance of Jesus, we beg You, O Lord, to forgive, renew, and strengthen us with Your Word and Spirit. Grant us faithfully to eat His body and drink His blood as He bids us do in His own testament. Gather us together, we pray, from the ends of the earth to celebrate with all the faithful the marriage feast of the Lamb in His kingdom, which has no end. Graciously receive our prayers; deliver and preserve us. To You alone, O Father, be all glory, honor, and worship, with the Son and the Holy Spirit, one God, now and forever.

**C** Amen.

### THE WORDS OF OUR LORD

**P** Our Lord Jesus Christ, on the night when He was betrayed, took bread, and when He had given thanks, He broke it and gave it to the disciples and said: "Take, eat; this is My  $\text{†}$  body, which is given for you. This do in remembrance of Me."

In the same way also He took the cup after supper, and when He had given thanks, He gave it to them, saying: "Drink of it, all of you; this cup is the new testament in My  $\text{†}$  blood, which is shed for you for the forgiveness of sins. This do, as often as you drink it, in remembrance of Me."

**P** As often as we eat this bread and drink this cup, we proclaim the Lord's death until He comes.

**C** Amen. Come, Lord Jesus.

**P** O Lord Jesus Christ, only Son of the Father, in giving us Your body and blood to eat and to drink, You lead us to remember and confess Your holy cross and passion, Your blessed death, Your rest in the tomb, Your resurrection from the dead, Your ascension into heaven, and Your coming for the final judgment. So remember us in Your kingdom and teach us to pray:

### LORD'S PRAYER

LSB 162

**P** Lord, remember us in Your kingdom and teach us to pray:

**C** Our Father who art in heaven,  
hallowed be Thy name,  
Thy kingdom come,  
Thy will be done on earth  
as it is in heaven;  
give us this day our daily bread;  
and forgive us our trespasses  
as we forgive those  
who trespass against us;  
and lead us not into temptation,  
but deliver us from evil.  
For Thine is the kingdom  
and the power and the glory  
forever and ever. Amen.

**PAX DOMINI****LSB 163****P** The peace of the Lord be with you always.**C** Amen.**AGNUS DEI****LSB 163****C** Lamb of God, You take away the sin of the world; have mercy on us.

Lamb of God, You take away the sin of the world; have mercy on us.

Lamb of God, You take away the sin of the world; grant us peace.

**COMMUNION HYMNS:****“OH, THAT THE LORD WOULD GUIDE MY WAYS”****LSB 707**

1 Oh, that the Lord would guide my ways  
To keep His statutes still!  
Oh, that my God would grant me grace  
To know and do His will!

2 Order my footsteps by Thy Word  
And make my heart sincere;  
Let sin have no dominion, Lord,  
But keep my conscience clear.

3 Assist my soul, too apt to stray,  
A stricter watch to keep;  
And should I e'er forget Thy way,  
Restore Thy wand'ring sheep.

4 Make me to walk in Thy commands—  
'Tis a delightful road—  
Nor let my head or heart or hands  
Offend against my God.

Text: Isaac Watts, 1674–1748, alt.  
Text: Public domain**“RENEW ME, O ETERNAL LIGHT”****LSB 704**

1 Renew me, O eternal Light,  
And let my heart and soul be bright,  
Illumined with the light of grace  
That issues from Your holy face.

2 Remove the pow'r of sin from me  
And cleanse all my impurity  
That I may have the strength and will  
Temptations of the flesh to still.

3 Create in me a new heart, Lord,  
That gladly I obey Your Word.  
Let what You will be my desire,  
And with new life my soul inspire.

4 Grant that I only You may love  
And seek those things which are above  
Till I behold You face to face,  
O Light eternal, through Your grace.

## NUNC DIMITTIS

LSB 165

**C** Lord, now You let Your servant go in peace; Your word has been fulfilled.  
My own eyes have seen the salvation which You have prepared in the sight of ev'ry people:  
A light to reveal You to the nations and the glory of Your people Israel.  
Glory be to the Father and to the Son and to the Holy Spirit;  
as it was in the beginning, is now, and will be forever. Amen.

## POST-COMMUNION COLLECT

**P** Let us pray.  
We give thanks to You, almighty God, that You have refreshed us through this salutary gift, and we implore You that of Your mercy You would strengthen us through the same in faith toward You and in fervent love toward one another; through Jesus Christ, Your Son, our Lord, who lives and reigns with You and the Holy Spirit, one God, now and forever.

**C** Amen.

## BENEDICTION

**P** The Lord bless you and keep you.  
The Lord make His face shine on you and be gracious to you.  
The Lord look upon you with favor and ✠ give you peace.

**C** Amen.

## CLOSING HYMN

### “ON WHAT HAS NOW BEEN SOWN”

LSB 921

- 1 On what has now been sown  
Thy blessing, Lord, bestow;  
The pow'r is Thine alone  
To make it sprout and grow.  
Do Thou in grace the harvest raise,  
And Thou alone shalt have the praise!
- 2 To Thee our wants are known,  
From Thee are all our pow'rs;  
Accept what is Thine own  
And pardon what is ours.  
Our praises, Lord, and prayers receive,  
And to Thy Word a blessing give.
- 3 O grant that each of us,  
Now met before Thee here,  
May meet together thus  
When Thou and Thine appear  
And follow Thee to heav'n, our home.  
E'en so, amen, Lord Jesus, come!

Text: John Newton, 1725–1807, alt.  
Text: Public domain

## DISMISSAL

**P** Go in God's peace; love and serve your neighbor!  
**C** Thanks be to God!

## **ACKNOWLEDGMENTS**

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