ST. MARK LUTHERAN CHURCH 1019 North 7th Street Sheboygan WI 53081

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### **Pastor's Message**

"Spring Rebirth"

I love the season of Spring. It's the season of rebirth. The snow and ice melts. The slush and grime of winter gets all washed away. The temperature begins to warm up. The grass begins to green, the trees begin to bud their leaves, and the flowers begin to sprout in our gardens and landscapes. Spring is a beautiful season of rebirth.

Easter is our season of rebirth, also. Without it, we're left to whither and die away in our sin. But with Easter, new life comes because of Jesus. Through Jesus' death and resurrection, it shows that death can't hold him in the grave. Jesus conquers death, and, because of him, you and I can conquer it too. For us who belong to Jesus, death doesn't have the final word.

Jesus also brings to us a rebirth through the gift of faith. Jesus exactly talks about this type of rebirth with the religious leader Nicodemus in John 3. In faith, we are reborn into a whole new person as we receive the gifts that Christ offers because of his death and resurrection. You and I are reborn into new people. We become God's children through faith!

Spring is a beautiful season of rebirth. We see it all around us every April and May. Easter, because of Jesus, is a season that lasts forever. It's an even more beautiful season of rebirth. Rejoice in the rebirth and new life that is yours because of our Easter Savior, Jesus!

As always, see you in worship and Bible studies!

Your servant in Christ, Pastor Tyler

### ST. MARK LUTHERAN CHURCH: CONNECTING-SHARING-EQUIPPING-REFLECTING

- Connecting by building bridges with our neighbor for a changed community
- Equipping each other for opportunities to serve
- Reflecting God's love through acts
- Sharing the Good News of Jesus of kindness

You are welcome to watch a live stream of Sunday's service at Facebook.com/stmarksheboygan.

If you are unable to join us live, the service is recorded and available on our Facebook page. The sermon will continue to be recorded and available after Sunday's service on our website.

### HOLY WEEK



Palm Sunday
April 10
9:00 a.m. Worship Service with Holy Communion

Maundy Thursday
April 14
6:30 p.m. Worship Service with Holy Communion

Good Friday April 15 6:30 p.m. Vespers

Easter Sunday
April 17
9 am. Worship Service with Holy Communion





When you are hospitalized or in need of Pastoral care, please contact the church office at 920.458.4343.



Our Food Pantry is in a constant need of the following items: Jelly, jam, snacks, pork and beans and chunky soups.



### **SAY IT WITH FLOWERS**

Celebrating a special occasion or honoring a loved one in 2022. Sign up to provide flowers for the altar. The sign-up is on the bulletin board in the back of church. Or, you can also call the church office (920.458.4343.)

### **ON-LINE GIVING INFORMATION**



We now have online giving through Vanco. You can use this option to make a one time offering or set up a regular contribution. The link for this is on the website: stmarksheboygan.com

Click on the box that says Donate to St. Mark Lutheran Church.

If you need more information, please contact the church office.

Greetings,

What a great start to the year. Pastor Tyler Werner was installed to St. Mark Lutheran Church February 27<sup>th</sup>, just in time for the Lenten season.

Becky is St. Mark's new church secretary.

If you're at church during the week, please stop in and say hello to both of them. Don't be shy! They are just as outgoing as the members of St. Mark.

With covid slowly going to the wayside, the boards and committees are anxious to start their missions once again. But some committees are struggling to form. Now that does not sound like St. Mark. We have always gone on and above the bar.

After the installation dinner it was nice to see church members help out the Social Gathering Committee in the cleanup. Now that's what St. Mark is! "What can I do?"

I have to ask you. What are you doing at St. Mark. There are so many places for you. St. Mark needs one more person to be on the Board of Directors and there are two openings on the Congregational Fund Committee. These spots can be voted on at the next voters meeting in May. Please contact a Board member if you are interested. These boards really do struggle without the proper number of people.

I am proud to say our Youth Group is going to Houston for the National Youth Gathering. I myself went in the past, with eight youth and two other adults. The youth were not disappointed. So please support them with their fundraising as gas and hotel prices are on the rise.

In closing I know you have it in you somehow or some way to make St. Mark stand out.

In God's Blessing, Dan Drossel

### Pastor Tyler Werner's Installation February 27, 2022















## PRAISE COOL FROM WHOM all blessings flow



### GIVING and WORSHIP ATTENDANCE COMPARISON Through February 2022 Compared to 2021

	2021	2022
Average Operating Fund Offerings per week (see Note 1)	\$3,785	\$3,210
Average In-person Attendance per week at Services (see Note 2)	46	61
Weekly Budget (see Note 3)	\$4,540	\$4,115

<u>Note 1</u>: 2022 Giving includes offerings during Worship, online donations, and payments received in Church Office through the end of February. Values do not include special fund donations to ministries such as We Care, the Food Pantry, the Vineyard Fund, the Youth Group, and building projects. These donations were approximately \$150 per week through February 2022. Other sources of funds, such as outside contributions, Memorials, refunds, rebates, and transfers from the Congregational Fund, are also not included in the amounts.

Note 2: Attendance per week includes only in-person attendance. Comparable online attendance figures are not available for live-streamed services.

Note 3: Budget figures are included as a comparison because the budget was the estimated amount voted on by the Congregation Membership to meet the Congregation's financial requirements during the year. Actual expenditures are available in the monthly accounting report distributed by the Treasurer.

Note 4: These amounts are presented for comparison purposes only. Our individual giving amount should be based on being faithful to the Lord so that we return a generous amount of the gifts He gave us.



### A Lesson from Higher Gas Prices

With inflation in 2022 at a multiyear high, we are experiencing some very high gas prices. Interestingly, even with gas prices approximately one dollar more a gallon than last year, many people have not changed their lifestyles by driving less. Because it is important enough to drive, we spend the money necessary to get us to our destinations, even though we may complain about the high price of gas.

Can we learn a stewardship lesson from both our willingness to spend more money and to find the money necessary for gas? The message is that, when something is important to us, we will do what is necessary. Is giving to God out of gratitude for all He has done and all He continues to do important enough for us? OPEC, oil companies, and those who run the gas stations dictate the prices we pay for gas. To guide our giving, we have the Bible. The Bible says that we are to give proportionately, cheerfully, and regularly of the first fruits of our incomes.

In order to continue to pay for gas, many of us have needed to redirect our money from other areas. If we are to show God more thanks and love through our giving, we also may need to redirect more of our treasures to Him. Just as we find the money for gas, we can find it to honor our Lord. When we truly understand how much God loves us, we will willingly and cheerfully increase our giving.



GriefShare is a Christian based, weekly seminar and support group designed to rebuild your life after the loss of a loved one. There is a video presentation each week with grief exerts and people who have participated in GriefShare, discussion and a workbook for personal study and reflection. It lasts 13 weeks from Wednesday April 20th through July 13th 10-11:30am. It will be held in the adult education room. The cost is \$15 for the workbook which will

be returned when you complete the classes.

Call Carolyn the Parish Nurse at 458-4343 Ext. 104 for questions or to register.



What is AmazonSmile?

AmazonSmile is a separate portal from Amazon's main site and offers the same items, prices and benefits as amazon.com but with one distinct difference. When you shop at smile.amazon.com, Amazon will contribute 0.5% of the price of your purchase to St.

Mark at no cost to you or our church. It's available at smile.amazon.com on your web browser and can also be activated in the Amazon Shopping app for IOS and Android phones.

Visit smile.amazon.com and select "Get Started." If you already have an Amazon account, you'll be asked to sign in. If you don't have an Amazon account, you will need to set one up. It doesn't cost a thing. Next you will be prompted to pick a charity. Simply type St. Mark Lutheran Church Sheboygan, WI in the "Search" box and then you can begin to shop. Automatically a percentage of your purchases will be donated to St. Mark. During future visits to the site, AmazonSmile will remember St. Mark as your charity. Urge your family and friends to do likewise. If you are an Amazon shopper, there's no simpler way to complete your shopping AND support St. Mark every time you shop.

If you have any questions, please contact Mike Hotz.



We are seeking willing volunteers who can help on Sunday mornings with Projection, sound booth, and assisting with our Facebook live stream. Please contact Rob Sass if you are interested.



### Hi from your Parish Nurse!

April is esophageal cancer awareness month so I am going to discuss what is esophageal cancer, types of esophageal cancers, risk factors, symptoms of esophageal cancer, when to see the doctor and prevention. Esophageal cancer is the 6<sup>th</sup> most common cause of cancer deaths worldwide. The esophagus is a hollow, muscular tube connecting the throat to the stomach. It lies behind the trachea and in front of the spine. It is about 10-13 inches long and about ¾ of an inch across at its smallest point. Esophageal cancer starts in the inner lining of the esophagus. It is not quite known what causes esophageal cancer, but it occurs when cells in the esophagus foster changes (mutations) in their DNA. This leads to cells changing and growing out of control which forms a tumor in the esophagus which can grow to invade nearby structures and spread to other parts of the body.

There are 2 main types of esophageal cancer which are classified according to the type of cells that it starts in: **1) Adenocarcinoma** which begins in the cells of the mucous secreting glands in the esophagus, mostly in the lower portion of the esophagus. It is the most common type of esophageal cancer in the United States and affects mainly white men. **2) Squamous cell carcinoma.** The squamous cells are flat, thin cells that line the surface of the esophagus. It occurs most often in the upper and middle parts of the esophagus. Squamous cell carcinoma is the most predominant esophageal cancer worldwide.

What are the risk factors of esophageal cancer? It's believed that chronic irritation of the esophagus can be a factor that contributes to the changes that causes esophageal cancer. Factors that cause irritation in the cells of the esophagus and heighten your risk of esophageal cancer include: having gastro esophageal reflux disease (GERD), smoking, having precancerous changes in the cells of the esophagus (Barrett's esophagus), being obese, drinking alcohol, having bile reflux, having difficulty swallowing due to an esophageal sphincter that won't relax (Achalasia), having a steady habit of drinking very hot liquids, not eating enough fruits and vegetables, and undergoing radiation treatment to the chest or upper abdomen. The Probability of getting esophageal cancer increases with age, as less than 15% of cases are found in people younger than 55. Men are more likely than women to get esophageal cancer.

Symptoms of esophageal cancer include: Difficulty swallowing (dysphagia); weight loss without trying; chest pain, pressure or burning; worsening indigestion or heartburn; and coughing or hoarseness. Unfortunately, early esophageal cancer usually causes no signs or symptoms. When should you see the doctor if you think you have symptoms of esophageal cancer? You should make and appointment with your doctor if you have any continuing signs and symptoms that worry you. If you have been diagnosed with Barrett's esophagus, your risk of esophageal cancer is higher. Inquire of your doctor what signs and symptoms to watch for that could indicate that your condition is worsening. Your doctor may want you to go thru screening for esophageal cancer, so talk with your doctor about the pros and cons of this.

Finally, what can you do to decrease your risk of esophageal cancer? 1) Quit smoking. If you smoke, talk to your doctor about strategies for quitting. Medications and counseling are available to help you quit. If you don't use tobacco, don't start. 2) Drink alcohol in moderation, if at all. If you decide to drink alcohol, do so in moderation. For healthy adults, it is suggested up to 1 drink a day for women and up to 2 drinks a day for men. 3) Eat more fruits and vegetables. It is important to add a variety of colorful fruits and vegetables to your diet. 4) Maintain a healthy weight. If you are overweight or obese discuss with your doctor about ways to help you lose weight. Your weight loss goal should be 1-2 pounds a week.

From: mayoclinic.com and <u>www.cancer.org</u>

Carolyn Eiden, RN Parish Nurse



### **Easter Flowers**

The plants will adorn our Sanctuary and Narthex on Easter Sunday.

Please fill out and return this insert, with payment, to the church office by **Monday, April 11th.** Extra copies of this order form are available in the Narthex, Church Office, and on the church website.

Flowers may be sponsored without a specific dedication by making a donation specifically marked "For Easter Flowers".

I (We) wish to sponsor:	
Azalea(s)Azalea(s)Tulip(s)Daffodil(s)Single stem Lily(s) Double stem Lily(s)	\$20.00 each \$10.00 each \$10.00 each \$10.00 each \$20.00 each
Please fill in who you want the flower sponsored	·
Please fill in how you would like the sponsorship	p to read:
In Memory of:	
In Honor of:	
Celebration:	
Other:	
If you would like to make a monetary donation t adorn our church, please indicate the amount he	to help offset the cost of the Easter decorations, that ere \$

### PASTORAL OFFICE HOURS

Monday: 8 a.m. to 4 p.m.
Tuesday: 8 a.m. to 4 p.m.
Wednesday: 8 a.m. to 4 p.m.
Thursday: 8 a.m. to 4 p.m.

Friday: Off

If you are in need of assistance, or are dealing with a pastoral emergency, contact Pastor directly (920.316.2887) or the church office (920.458.4343.)



R & R is every third Wednesday of the month at 11:30 a.m. The venue changes monthly. Watch the weekly Messenger for more specific information.

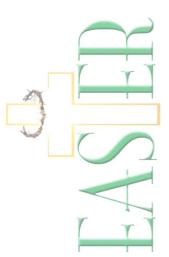
**EVERYONE IS WELCOME TO ATTEND!** 

## **APRIL** 2022

St. Mark Lutheran Church Monthly Calendar of services, meetings and events. Please see the weekly Messenger, available at each worship service, for important changes and updates.

Sat	2	6	16	23	SO THE COLUMN CO
Fri	1 8:30am Food Pantry Workers 9:30am Food Pantry	∞	15 8:30am Food Pantry Workers 9:30am Food Pantry 6:30 Good Friday Service	22	29
Thu		7 5:15pm Choir Practice	<ul><li>14</li><li>5:15pm Choir Practice</li><li>6:30 pm Maundy</li><li>Thursday Service</li><li>w/HC</li></ul>	21 5:15pm Choir Practice	28
Wed		6 9:00am-12:30pm Parish Nurse in Office 4:45pm Bells Rehearsal 6:10 pm Lenten Hymn Sing 6:30 pm Worship Service	/3 9:00am-12:30pm Parish Nurse in Office 4:45pm Bells Rehearsal	20 9:00am-12:30pm Parish Nurse in Office 11:30am R & R Luncheon at Sheboygan Yacht Club 4:45 pm Bells Rehearsal	9:00am-12:30pm Parish Nurse in Office 4:45pm Bells Rehearsal
Tue		5	12	61	26
Mon		4	1 / 5:15pm Trustee's Mtg 6:00pm BOD/ Council & Deacons Meeting Ordering Easter Flower Deadline	18	25
Sun		3 9:00am Worship (w/HC) Streamed online @ Facebook.com /stmarksheboygan 10:00am Bible Study	10 Palm Sunday 9:00am Worship Service Streamed online @ Facebook.com /stmarksheboygan 10:00am Bible Study	17 Happy Easter 9:00am Worship (w/HC) Streamed online @ Facebook.com /stmarksheboygan	24 9:00am Worship Service Streamed online @ Facebook.com /stmarksheboygan 10:00am Bible Study Food Pantry Sunday

# **SUBJECT TO CHANGE**



### SERVING THIS APRIL

Note: If you are unable to attend on your assigned day, please switch with someone else and notify the church office of the change, so the weekly bulletin can be corrected.

# **APRIL 2022 VOLUNTEER SCHEDULE**

Deacon	Mary Rautmann	Jeff Leffin	Scott Schramm	Scott Schramm	Chris Keul	Mary Rautmann	Chris Keul
Altar Guild	Kathy Leonard			Needed		Kelly Irwin	
Reader	Geri Evans		Kathy Leonhardt			Claudia Krepsky	Carolyn Eiden
Greeters	Mike & Sandy Hotz		Evans Family			Joe & Kelly Irwin	Dave, Ann & Kay Hilpersthauser
Welcome Booth	Barb Keitel		Sandy Hotz			Lorena Tislau	Bev Diener
Facebook Page	Dave Hilpertshauser		Rob Sass	Dave Hilpertshauser	Rob Sass	Rob Sass	Dave Hilpertshauser
Projection	Rob Sass		Kara Thimmig			Kara Thimmig	Drew Thimmig
Sound	Zachary Falkenberg		Dave Hilpertshauser	Rob Sass	Dave Hilpertshauser	Dan Drossel	Jeff Evans
Time	9:00am	6:30pm	9:00am	6:30pm	6:30 pm	9:00 am	9:00am
Date	Sun	Wed	Sun	Thurs	Fri	Sun	Sun
Day	April 3	April 6	April 10	April 14	April 15	April 17	April 24

## Subject to change



### Happy Birthday to You! Hope your day is great!

April 1	Maggie Heschke	April 10	Jaleel Markham
April 2	Amanda Louisier	April 12	Andy Lorbecki
April 3	Mike Ogea	April 15	Janet Schnell
April 6	Ben Sohr	April 20	LaVerne Brandt
April 7	Dennis Diener	April 21	Jeni Rydz
April 7	Kara Thimmig	April 23	Bonnie Broder
April 9	Tim Becker	April 28	Margaret Hinz

### Happy Anniversary! God bless your years together.

April 9	Chad and Sarah Fritz	28 years	≥ <b>V</b> €
April 14	Michael and Sandra Hotz	38 years	HAPPY
April 28	Jeff and Julie Leffin	43 years	ANNIVERSARY
April 29	Jerry and Jane Gapinski	44 vears	MINIAT AFURINI

Welcome to God's Family Vaughn Ericcson. May God bless you as you grow in your faith!



### ATTENTION

It's very important to mark your meetings and events on the wall calendar outside of the church office in order for them to appear in the monthly Forward and the weekly Messenger.

The website is a very helpful tool that provides important worship and church information to current members and potential church guests who may be looking for a home church or those who may not see the announcements via the live stream or the printed copy of The MESSENGER, that is provided weekly to those who attend in person.

It would be very much appreciated that if you have anything that is newsletter worthy, to please email the material directly to Julie Leffin at jleff@att.net, so it can be included in the next month's FORWARD publication. And please remember to put the helpful words FORWARD (and month it should appear) In the subject line.